



The Opportunity Cost of Smoking

Decision Making Steps

1. *Identify the problem*
2. *List the information you need to solve the problem*
3. *Evaluate the information (weighing the pros and cons) then make a decision that's best for you.*
4. *Plan to implement your decision. (How do you stick to your decision?)*

Situation: Your best friend never seems to have enough money for a movie, a new CD, or sometimes even lunch and he's always borrowing from you. He always has cigarettes, though. What could you tell him?



Identify the problem:

List the information you need to solve the problem:

Evaluate the information (weighing the pros and cons) then make a decision that's best for you:

Plan to implement your decision. (How do you stick to your decision?)
